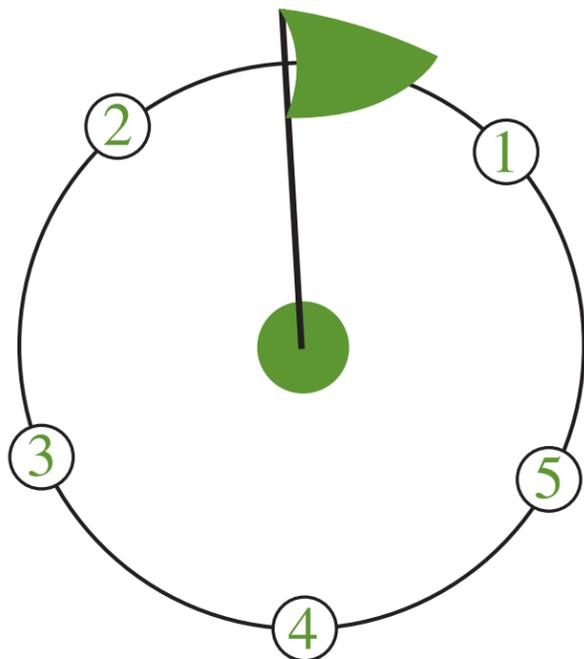


Short Putt - Circle of Threes

Choose a starting position three feet (one putter length) from the hole. Attempt to 1-putt from five different locations around the hole. Continue around the hole. The more putts you make the better your short putts are. If you make all 3-foot putts

surrounding the hole, back up one or two feet and begin again. See how many putts you can make in succession. Putt from different positions to different holes on the green.



Distance	Needs Improvement	Good	Very Good	Tour Professional
4 feet	Less than 2 putts	3 to 4 putts	5 putts	5 putts
6 feet	Less than 2	2 to 3 putts	4 to 5 putts	4 to 5 putts

Long Putt

A fun way to measure your long putting ability is to create a mini-course on the putting green. Select five putts that range from 10 to 30 feet. The goal of the test is to 2-putt or less on each of the holes you have selected. Place a tee in the green to mark the starting point for each hole. Begin around the course and

record the number of putts that you make on each hole. Keep a running score and total all the putts once you have completed the course. A perfect par score would equal 10 putts (an average of two putts on each hole).

Needs Improvement	Good	Very Good	Tour Professional
13 putts or higher	11 to 12 putts	10 putts	9 putts

Up and Down Test

Accurate chip and pitch shots can save many strokes when playing on the golf course. A good test of chipping and pitching accuracy is the Up and Down test. The Up and Down test can be used for either skill. For this test scatter five balls no closer than 35 feet (12 paces) from a hole on the putting green. Choose a club to chip with and hit a shot. In the event that you miss hit a chip, continue to chip until the ball is

on the green. Once the ball is on the green, take your putter and attempt to 1-putt the chip into the target hole. This is called “up and down.” Tally the number of chips and putts that it takes to hole out each ball. Repeat the test by increasing the distance no closer than 40 to 60 feet (15 to 20 paces) with a pitching wedge.

Shot	Needs Improvement	Good	Very Good	Tour Professional
Chip	15 or more	13 to 14	10 to 12	10 to 11
Pitch	18 or more	15 to 17	12 to 14	10 to 12

Middle Iron Approach Shot

This test is used to assess the accuracy and distance of your approach shots. Select your 5-iron to complete the test. Choose a target green (25-yard circle around the green) that matches your current 5-iron distance

ability. Hit 10 shots. Shots score a one if they land on the green. The best score for this test is 10.

Shot	Needs Improvement	Good	Very Good	Tour Professional
5 Iron	Less than 3	3 to 5	6 to 8	9

Driving Test

This test is similar to the Middle Iron Approach Shot test. Determine your driving distance. Set an imaginary restraining line 25 yards short of the target

distance. Hit 10 shots. Record the number of shots out of 10 that pass the restraining line and stay within a 30-yard wide fairway.

Shot	Needs Improvement	Good	Very Good	Tour Professional
Driver	Less than 3	3 to 5	6 to 8	8 to 10