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October XX, 2011

Give us 5 days and we'll give you FUN for a lifetime.

Golf Tip of the Month - Move Your Head for More Power in Your Golf Swing

By: Jason Sutton, Director of Instruction - Carmel County Club, Charlotte, NC



Many golfers have the impression that the head needs to stay fixed and down throughout the golf swing. This is a common misconception that keeps a lot of players from not reaching their potential and improving their golf swing. Jason Sutton explains the two things about what a touring professional's head does in the golf swing and explain how this will you increase your power.

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Fitness Tip of the Month - Staying Loose All Year: Flexibility is the Key to More Power

By: Kelly Kleckner, Teaching Professional - Cherokee Ridge Golf Course

Sponsor of the Month - Troon Golf



Headquartered in Scottsdale, Arizona, Troon Golf manages operations at more than 130 clubs located in 26 states and 11 countries. Additionally, 25 Troon Golf facilities enjoy a Top 100 ranking by national or international publications. Troon Golf recruits associates knowledgeable not only in the golf industry, but also in the hospitality industry, seeking a correct balance of golf and hospitality professionals. The mission of Troon Golf is to create extraordinary guest and member experiences by delivering superior service, amenities and playing surfaces.

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In Case you Missed It - USGA Offers Complimentary Membership for Graduates

In last months newsletter, we shared that Get Golf Ready, through the generosity of the United States Golf Association, will offer a

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During the winter months, many of us don't get out to play golf or exercise as much as we do during the spring and summer. Most of us experience some sort of joint stiffness and loss of flexibility after not swinging for a period of time and then teeing it up on the links, or many others experience pain after hitting too many balls or playing too much. Either way, pain is usually the result of these problems which then leads to loss of distance and power. You want to keep those muscles in use even in the winter months when you may not swing as much. Kelly Kleckner offers suggestions to keep you "tuned" year around.

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"Etiquette Moment" Videos



SwingPointMedia
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Jeff Harrison and Amy Anderson are two golf professionals with a combined 40+ years in the golf business. They believe that the use of video is a much more effective way to educate, especially when it is on your own time schedule. With that, Jeff and Amy created the Etiquette Moment Videos. Etiquette Moments are 1 to 3 minute videos to help show you how easy it is to bridge that gap between playing the game and knowing the areas that often get overlooked. The areas they focus on along with etiquette are pace of play and the rules of golf. Their library of content and subjects now are well over 100 videos and growing.

Click on the link below to sign up for instant access to weekly videos to teach you not just how to hit the ball, but also how to play the game of golf.

complimentary one-year membership to all Get Golf Ready graduates. To receive your complimentary USGA membership, click the link below and submit your contact information. This offer applies only to new USGA members. If you have any questions, contact Steven Young at 904-940-4201 or SYoung@worldgolfoundation.org.

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"It's OK to Play" Hints - The Front 9



Next time you go out a play golf, try some of these 9 tips to make golf more fun.

1. It's ok to not keep score
2. It's ok to play from the shortest tees or start at the 150 yard marker
3. It's ok to give yourself a better lie by rolling the ball around a little. It's ok to tee the ball up anywhere when you are first learning
4. It's ok to only count swings when you make contact with the ball
5. It's ok to throw the ball out of a bunker after one try
6. It's ok to forget about a ball that may be lost or out of bounds. It's ok to drop a ball where you think it might be...or where you wanted it to be
7. It's ok to use fun team formats to play with your group...scrambles are very popular
8. It's ok to just chip and putt on a hole when you feel like it
9. It's ok to pick up in the middle of the hole and enjoy the outdoors and scenery

Click on the link below to view and print the "It's OK to Play" hints. We sincerely hope you will utilize these practices to ensure that you will become lifetime players of the game.



Get Golf Ready

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