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August 30, 2011

Give us 5 days and we'll give you FUN for a lifetime.

*USGA Offers Complimentary
Membership to Get Golf Ready
Graduates*



Get Golf Ready, through the generosity of the United States Golf Association, will offer a complimentary one-year membership to all Get Golf Ready graduates. Each graduate will also receive a complimentary rules book and personalized bag tag included with their membership. "We are excited to give graduates the opportunity to be a part of one of golf's largest golf associations," said Cathy Harbin, Executive Director of GOLF 20/20. "By giving complimentary memberships to our graduates of Get Golf Ready, it will make them feel more connected to golf; the sport of a lifetime."

In the next couple weeks, an electronic form will be sent to all Get Golf Ready graduates so that you may sign up to be a USGA member. We truly appreciate this offer from the USGA and sincerely hope that you take advantage of this complimentary membership.

Thank You USGA!

*Golf Tip of the Month - How to
Hold the Club*

By: David La Pour, Director of Instruction - Colleton River Golf Academy

Sponsor of the
Month - Ladies
Professional Golf
Association



The Ladies Professional Golf Association is one of the longest-running women's professional sports associations in the world. Founded in 1950, the organization has grown from its roots as a playing tour into a non-profit organization involved in every facet of golf. The mission of the LPGA is to be a leader in the world of sports, promote economic empowerment and serve as role models on and off the course.

Thank you for being a
sponsor of Get Golf Ready

**Golf is Fun...Make
Sure your Get Golf
Ready Program is
FUN!**

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Ten Finger Grip

Interlock Grip

Vardon Overlap Grip

There has been a lot written about how to hold the golf club. I intentionally stay away from the word grip because it implies tension, and that never helps anyone. I have found there to be three basic shots on the golf course: full swing, short game and putting. As a result, there are three ways to hold the club in order to help with the shot. This is a good start to having a proper hold on the club and a grip on your golf game.



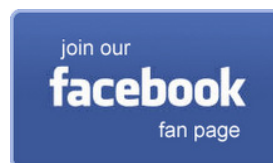
Fitness Tip of the Month - Facts and Fallacies of Strength Training for Golf



Forget the fallacies: Strength training can help improve your golf game.

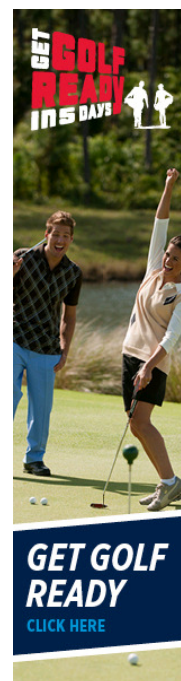
Various aspects of golf training have expanded rapidly, but one area of development that has caught on somewhat slowly is golf-specific strength training. This specific need had not been addressed until very recently. The truth is that the days of simply practicing and playing to make yourself a stronger and better golfer are from a bygone era. Ultimately, golf skills are the most important aspect of golf, but improving your swing performance will only get you so far. Regardless of your goals, a strength-training program is beneficial in the development of your golf swing and golf game.

Since every golfer strives to get better, the health of the game depends on people having fun on the course. Greg Nathan, Senior Vice President of Membership for the National Golf Foundation discusses the teachers who are the best at helping golfers lower scores and raising the amount of fun.



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