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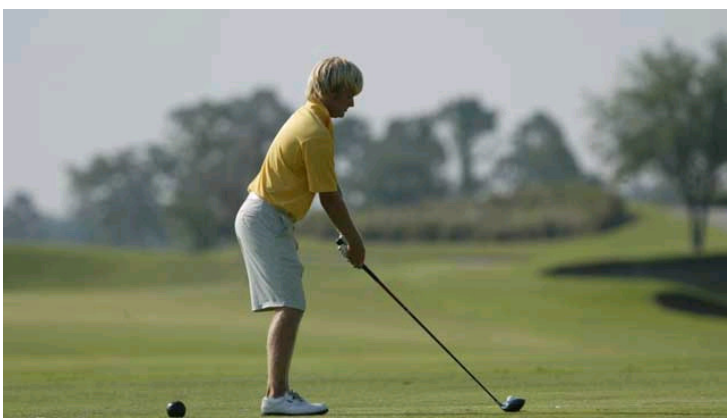


July 8, 2011

Give us 5 days and we'll give you FUN for a lifetime.

Tip of the Month - Taking Your Lessons to the Course

By Trevor Gliwski - Director of Instruction - The Rick Smith Golf Academy at Tiburon



Taking a golf lesson to the course can be a challenge. Making a swing change on the range is difficult; on the course it is even tougher. The range is the frying pan, the course is the fire. The purpose of making a change is to hit better shots, to bring it to the course you need to have a solid routine. There are three key points to a good routine that will allow you to take your new action to the course.

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Fitness Exercise Tip of the Month - Golf Fitness to Improve your Putting

Most people think that the benefits of golf fitness are reserved for maximizing driving power along with preventing or reducing injury and rehabilitation. Few would consider fitness as a means of improving their putting stroke. By defining the specific skills and fundamentals that are required of putting, an exercise program can be created to improve the putting motion, making you a better putter.

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Sponsor of the Month - Golf Digest

Golf Digest®

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Golf Digest is a monthly golf magazine published by Condé Nast Publications in the United States. It is a generalist golf publication covering recreational golf and men's and women's competitive golf. Condé Nast Publications also publishes the more specialized Golf World. Golf Digest shares a passion for the game of golf, and they feed that passion with up-to-date results from tournaments, player profiles, statistics, rankings, and complete coverage of the golf industry. The magazine's mission is to be "every golfer's guide to the good life". Golf Digest tries to provide the lifestyle information that golfers need in order to make the most of their game, from improving technique to finding new golf courses to purchasing golf equipment.

Thank you for being a sponsor of Get Golf Ready


Programs Making the Game Fun and Easy for All Ages

While Get Golf Ready is making golf a sport you can enjoy for a lifetime, there are several other programs that also make the game of golf easy for new golfers of all ages.

The PGA Family Course Program "enables golf facilities to turn their regulation 9-18 hole course into a 'short course' experience". With the PGA Family Tee Markers, an existing course can range from 1,100 - 1,900 yards. Some courses will have scorecard templates to enhance the experience. To find a golf course participating in PGA Family Course go to [Play Golf America.com](http://PlayGolfAmerica.com) and click on "PGA Family Course".



In making playing more fun and enjoyable, The allied associations of the golf industry have implemented TEE IT FORWARD. TEE IT FORWARD encourages all golfers to play the course at a length that is aligned with their average driving distance. With many more golfers hitting approach shots with 6-7 irons instead of hybrids and long irons, their chances for enjoyment increase as well as a decrease in fewer shots, distance traveled and lost balls. You can play TEE IT FORWARD anytime and anywhere. To search for an official TEE IT FORWARD golf course, go to [Play Golf America.com](http://PlayGolfAmerica.com) and click on "TEE IT FORWARD

	Driver Distance	Recommended 18 Hole Yardages
	275	6,700 - 6,900



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Source: Play Golf America

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