



June 13, 2011

Give us 5 days and we'll give you FUN for a lifetime.

*Tip of the Month - Learn the Benefits of Get Golf Ready*



Check out PGA of America Vice President Ted Bishop on "Golf Channel's Golf Fix". He is promoting Get Golf Ready as an easy, fun and affordable way to get people to learn in the game of golf.

Ted also encouraged viewers to get their spouses and significant others to connect with the program so that it can be a game enjoyed by all members of the family. Ted showcased his skills as an expert in the game and business of golf by giving the Get Golf Ready student a live lesson.

**Fitness Exercise  
Tip of the Month -  
Kneeling Opposites**

It seems as if everyone gets a back injury at some point in their life. Because these injuries typically are a result of improper lifting, the most common suggestion for avoiding back injury is simply to lift the proper amount of weight in the proper manner. Certainly, this will work, but why not do even more to protect your back by performing exercises to increase its strength? The Kneeling Opposite Exercise will help

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## *Sponsor of the Month- Honours Golf*



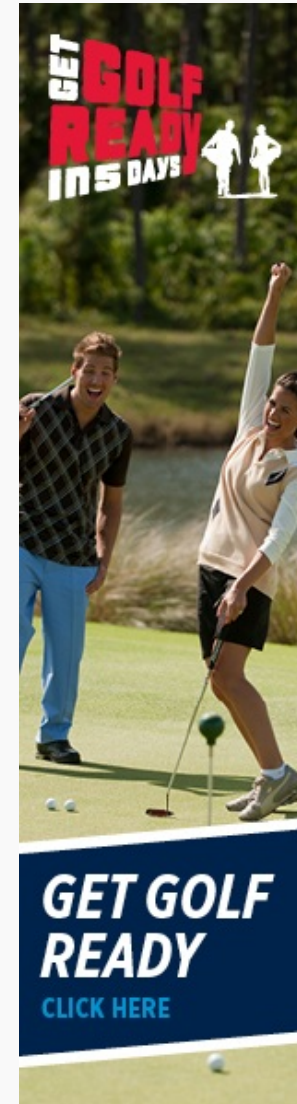
Honours Golf began in 1998 as a partnership built on the love of the game of golf. Their mission is to create memorable golf experiences for every member and guest, by delivering superior course conditioning and unsurpassed customer service with quality, pride and passion. They based the foundation of their company on the shared philosophy - golf is more than a game. Honours Golf believes that golf builds character, instills core values, and brings friends, family and colleagues together in friendship and honorable competition. For these reasons, they named the company "Honours" after the values for which it stands.

*Thank you for being a sponsor of Get Golf Ready*

## *It's Okay To Play Golf For Fun* *Guiltless ways to make golf more fun while learning*

The following are some hints for golfers to consider when going out for a casual round - and especially good for newer golfers. While the Rules of Golf are important, they apply to keeping score and competition. When you are learning the game or just out to have some fun, it's okay to

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you are learning the game or just out to have some fun, it's okay to use these hints as an enjoyable way to play and have fun.

[Golf 20/20](#)  
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### Get Golf Ready

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