



May 20, 2011

Give us 5 days and we'll give you FUN for a lifetime.

### *Tip of the Month -Back in Swing*

Shaun J. Bezilla - PGA Head Professional - Harbor Point Golf Club  
Brian O'Neill - Director of Instruction - Boyne Highlands Resort

### Fitness Exercise Tip of the Month

Do you want to be stronger, feel good and perform better on the golf course? If so, the PGA's Director of Fitness and



Area golf pros offer tips to make sure your game is ready this spring

---

*Sponsor of the Month- Club Corp.*



Performance David Donatucci recommends the following simple exercise to benefit your golf game. [Click to learn more!](#)

### Photo of the Month Contest

In the past month we have received a great deal of photos for our Get Golf Ready Photo Contest. We chose the three best photos and placed them on our Facebook site for you to "Like" the best one.

AND THE WINNER IS...

### Links

[Get Golf Ready](#)  
[Get Golf Ready Facebook](#)  
[Get Golf Ready Twitter](#)  
[Play Golf America](#)  
[Golf 20/20](#)  
[World Golf Foundation](#)



Founded in 1957, Dallas-based ClubCorp is one of the world leaders in Private Clubs.

ClubCorp owns or operates a network of more than 150 golf and country clubs, business clubs, sports clubs and alumni clubs in 25 states, the District of Columbia and two foreign countries.

ClubCorp's scale and variety of clubs offers a haven for golfers with more than 2,300 holes of great golf, a paradise for tennis aficionados and a platform for business networking with our collection of business clubs in major metropolitan cities. ClubCorp's nationally recognized properties include: Firestone Country Club, Akron, Ohio; Mission Hills Country Club, Rancho Mirage, California; Capital Club Beijing; and Metropolitan Club Chicago.

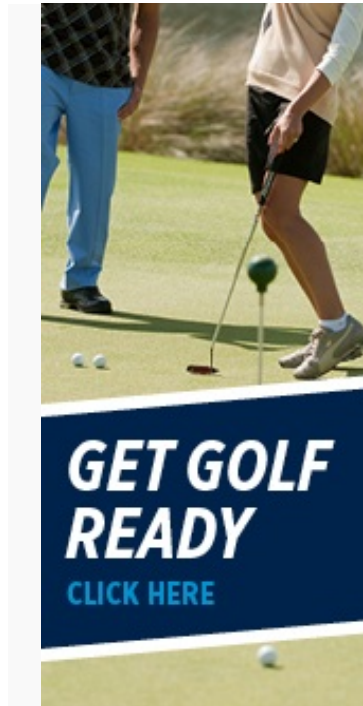
*Thank you for being a sponsor of Get Golf Ready*

## *Get Golf Ready is Making Headlines*

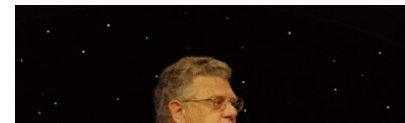


(Ted Bishop, VP of PGA of America speaks on the benefits of Get Golf Ready) (Photo by Christina Ricci - The Media Game)

Get Golf Ready, among other player development programs, was the center of attention at the recent GOLP 20/20 Forum at the World Golf Village in St. Augustine, FL May 10th. A panel that included John



(From L to R: Ken Morton Sr., John Huggins, Ted Bishop) (Photo By Christian Ricci - The Media Game)



Huggins, VP of the PGATOUR, Ken Morton Sr., CEO of Morton Golf and Ted Bishop, VP of the PGA of America (pictured above) discussed best practices and the benefits of Get Golf Ready. The testament from their organizations about Get Golf Ready focused on the success it has had and the contributions it has made to the golf industry. "It's affordable. It promotes fun and it's a perfect opportunity to break down some of the barriers to playing our game. I walk the Get Golf Ready walk at my facility. We want to develop golfers and teach students how to have fun with golf," Bishop said during his presentation.



(Ken Morton Sr., CEO of Morton Golf) (Photo by Christian Ricci - The Media Game)

*"If you're not doing Get Golf Ready, you are missing the boat." - Suzy Whaley, PGA Professional*

### *Fitness Tip Of The Month - Corner Stretch*

Experts recommend that those of us working at our desk for long periods of time be sure to take mini-breaks to save our hands and back. Corner stretches target the muscles of the chest (pecs) for a stretch, and they will work your upper back muscles, as well as those under the shoulder blade. Corner stretches make a good movement to counter postural problems. [Read More!](#)

### *Get Golf Ready Photo Contest Winner - Robin Fitzmaurice*



"Golf vacation in Sedona, AZ. You gotta love the background!" - Wade Fitzmaurice

Robin Fitzmaurice  
3rd year playing golf.

Took Get Golf Ready Lessons at Drumm Farm in Independence, MO 2 years ago!

## Get Golf Ready

Phone: 904.940.4201 / Email: [31years@worldgolffoundation.org](mailto:31years@worldgolffoundation.org)

Website: <http://www.playgolfamerica.com/ggr>

