

Suzy Whaley's Family Golf Tips

Suzy Whaley is one of the nation's most acclaimed golf instructors and public speakers. A PGA and LPGA Professional, Whaley has annually been named to the *Golf For Women Magazine's* Top 50 Instructors list. Below are some tips from Whaley for your use on how to get your family and children started in golf.

Reasons to Play Golf:

- You are able to enjoy fresh air in a beautiful setting
- It is great exercise
- It is a way to spend quality time with your friends and family
- Golf is a sport the family can play together for a lifetime
- It's fun!
- Playing golf is a great business tool for networking

Reasons to Play Golf as a Family:

- You are able to exercise in a beautiful setting with fresh air
- It provides uninterrupted family time outdoors
- Golf helps children learn how to focus
- Golf teaches respect, integrity, sportsmanship, camaraderie and problem solving
- Golf is a game for a lifetime
- Golf is a non-contact sport and does not require athletic prowess

Ways to get your Family Started in Golf:

- Visit PlayGolfAmerica.com to find family programs in your area
- Contact your local PGA of America Section at PGA.com for PGA Professionals in your area
- Contact your local Parks and Recreation Departments for family programs
- Visit your local public golf facility and gather information on its programs
- Enroll your children in the "Golf in Schools" program if they are offered in your area

How to get your kids started in golf:

- Encourage your children to hit balls with you at the driving range
- Visit PlayGolfAmerica.com and Juniorlinks.com for children and family programs in your area
- Contact your local PGA of America Section at PGA.com for PGA Professionals in your area
- Contact your local Parks and Recreation Departments for children and family programs
- Make golf a family activity
- Watch or attend a golf tournament together and explain what is going on

Misconceptions About Golf:

- I'm not good enough to take a lesson
- "Keep your head down" on your swing
- Only white males play golf
- Golf is too expensive
- It takes forever to learn
- Golf is only for rich people
- If I didn't learn how to play when I was a kid, it's too late to start now
- It takes too long to play

Misconceptions About Family Golf:

- The golf facilities do not want families on the course
- It's too hard to play as a family
- It takes too much time
- The entire family needs a set of clubs and it is too expensive
- It takes too long to learn how to play
- There are no events at the facilities for the entire family to participate in
- You have to wear golf shoes on the course