

# MEMBERS CLUB UPDATE



# PGA

GOLF CLUB

FIRST ISSUE  
SUMMER 2009

## INSIDE THIS ISSUE

Meet Our First  
Charter Member

From the Tee

Home to History

Hot from the Kitchen

On the Court

Club: (772) 467-5480  
Membership: (772) 340-1911  
Tee Times: (800) 800-GOLF  
[www.pgavillage.com](http://www.pgavillage.com)

## CONTACT US

We are here for you!  
Feel free to contact us  
any time with questions!

PGA GOLF CLUB  
1916 PERFECT DR.  
PORT ST. LUCIE, FL 34986



## WELCOME TO THE CLUB!



BOB BALDASSARI, PGA  
PGA Golf Club General Manager

What a difference just a few short months have made here at the Club! Of course, the biggest news is the exciting launch of our new “Members Club at PGA Golf Club” Deposit Membership program, which has added more than 150 members already—including our first Charter Member, George Henderson (see page 3)!

We created this new membership plan with you in mind, so that you will be able to:

- Experience up to 4 Championship Golf Courses by Pete Dye, Tom Fazio and Jim Fazio at PGA Golf Club and PGA Country Club.
- Gain year-round admission to the PGA Center for Golf Learning and Performance golf instruction, practice and technology facility (formerly PGA Learning Center).
- Enjoy complimentary admission to the PGA Historical Center golf museum, the home of the Ryder Cup.

- Access lighted Har-Tru tennis courts, swimming, social and special Member events.
- Receive a Members’ Club golf bag, shirt, cap, preferred tee times and much more!
- Reserve your space in a 90% refundable Deposit Membership Program.

Through this special program, we are presenting a limited number of memberships at an incredible value. For those of you looking to join the “Members Club,” it is not too late to take advantage of all that we have to offer. We welcome you to stop by, and see for yourself!

**Please call the Membership office at (772) 340-1911 or visit us in person for the latest in pricing and offers.**  
Thank you for being a valued Member!

Best wishes,

*Bob Baldassari, PGA*

Bob Baldassari, PGA  
PGA General Manager  
PGA Golf Club



Chris Donahue, PGA  
PGA Head Professional  
PGA Golf Club

## FROM THE TEE

by Chris Donahue, PGA Head Professional, PGA Golf Club

The game of golf can get very complicated. People give you tips and advice. Hold the club this way. Swing that way. Your weight should be here...then there. Keep your head here...and feet there.

The best advice? Keep it simple!

Some of the best players in golf have some of the oddest swings. Ever heard of Jim Furyk or Lee Trevino? Yes, the key to a good swing is to keep things simple.

A player needs to come through the hitting zone square. The grip is the place to start. It is the player's only connection to the club, so we have to keep the grip easy and effective. The simplest way to grip the club is by placing your left hand on the end of the club. The grip should be running from under the heel of the palm across the hand and exiting at the base of the left-index finger. The right hand is then placed on the grip with the base of the middle-two fingers. Then, wrap your fingers around the grip. The right hand should cover the thumb of the left hand.

You should notice that the "Vs" of the two hands will be pointing here slightly to the right of center of the grip. This is a basic grip position. The little finger of the right hand can overlap or interlock with the left hand, whichever is more comfortable. Practice gripping the club correctly until it feels natural, make a few swings, and then re-grip. This is something you can do anytime!

The basic grip is a key fundamental to golf. By having a good solid grip, it will allow you to easily get through the hitting zone square.

Here's to great golf!

## FEATURED HOLE

### NO. 1, PGA COUNTRY CLUB

by Chris Donahue  
PGA Head Professional, PGA Golf Club

The PGA Country Club starts Hole No. 1 with a beautiful Par 5. It is important to get off to a good start. You do not have to hit a long tee shot to play this hole. The challenge for the golfer is water on the left and out-of-bounds on the right for the drive. The second shot is a lay up to get to a comfortable yardage from the green. The hole has a slight dogleg right for the set up to the third shot.

The course designer, Jim Fazio, did a great job of leading the golfer around and showing them where they should play for the best results. This is a perfect example with water on the left and some well-placed bunkers on the right. There

is ample room between these from approximately the 90-yard mark to the 130-yard mark. If you are short of the 130-yard marker, some severe bunkering in front of the green comes into play, and there is a narrower fairway to hit. Go beyond the 90-yard mark, the fairway narrows again, and more water comes into play.

The third shot into the green is merely a short iron. If played from the position suggested, you will have a long, narrow green as a target. This does not mean that you will avoid all risks of trouble – two deep bunkers guard the front, and there is a severe drop off to the rear.

The first hole is not a long hole for a Par 5. It measures 515 yards from the back tees, and 412 yards from the forward tees. This hole can be reached in two shots for the long hitter. The key is to hit it straight into the narrows. From there, you have a 200 to 220 yard shot into the green.



The opening hole at PGA Country Club can be played anywhere from 412 to 515 yards

## HISTORY TO A TEE

In addition to 72 holes of Championship golf, an active tennis program and sumptuous dining, Members can retrace golf history at the PGA Historical Center, located within PGA Village. Now through Christmas Eve, the Center is open Thursday - Sunday from 10 a.m. - 4 p.m.

It is here that you can see the Ryder Cup Trophy, in addition to the four major Championship trophies of golf, Donald Ross' 1900s-era workbench and the oldest known written mention of golf from the Articles of Parliament in the 1500s.

"The PGA Historical Center has organized a staff of more than 20 volunteers to help us expand the time that we can keep the history and traditions of The PGA of America alive for the public to witness and treasure," said Bob Baldassari, PGA general manager, PGA Village, which also encompasses the PGA Golf Club and the adjacent PGA Center for Golf Learning and Performance.

Admission to the PGA Historical Center is free year-round.



Ryder Cup Trophy  
at the PGA Historical Center



### FROM THE RECIPE BOOK OF CHEF RICARDO ROBINSON

Chef Ricardo Robinson is the magic behind the sumptuous meals Members enjoy while dining at The Club.

Below is one of his favorite recipes:

#### *Walnut Crusted Chicken with Peppers and Onions in an Oriental Sauce*

##### **For the Chicken:**

- 3 8 oz. cleaned and pounded chicken boneless and skinless chicken breast
  - 1½ cups finely chopped walnuts
  - 1 cup Japanese panko bread crumbs
  - 3 whole eggs
  - ½ cup flour (seasoned with salt and pepper)
- 1) Mix walnuts and bread crumbs in a pan. Set up a breading station consisting of (in this order): Seasoned flour, beaten eggs and walnut mixture – all in separate containers.
  - 2) Bread chicken by dipping in the flour lightly, then in the beaten eggs and followed by the coat with walnut mixture.
  - 3) Heat a medium sauté pan with a little vegetable oil over medium heat.

Sear the chicken in the pan, but make sure not to burn. To ensure the chicken is not burned, you can finish cooking the chicken in the oven.

- 4) Cook the chicken completely, and set aside.

##### **For the Sauce:**

- 1 medium onion
- 1 small red pepper
- 1 small green pepper
- ¼ cup hoi son sauce (Chinese BBQ sauce)
- ¼ cup plum sauce
- ¼ cup rice wine vinegar
- 2 Tbsp. Soy Sauce

- 1) Cut and peel onion. Split and deseed peppers. Julienne both the peppers and onions, and set aside.
- 2) In a small bowl, combine the hoi son sauce, plum sauce, rice wine vinegar and soy sauce. Whisk together well.
- 3) In a medium sauté pan, heat a little vegetable oil and lightly sauté the peppers and onions. Add sauce, and heat through.
- 4) Top the cooked chicken with sauce and serve.

*Bon Appetite!*

### KITCHEN SECRETS Did You Know That...

- Most of the sauces and dressings (except mayonnaise and the golden Italian dressing) are made in house or from scratch?
- The dinner menus will now be changed every three months?
- Your kitchen staff has worked with The PGA of America for at least two years?



## MEET GEORGE HENDERSON, CHARTER MEMBER NO. 1

In November 2003, George Henderson and his family made the decision to move from northern Virginia to enjoy the balmy weather of Port St. Lucie.

"When we first arrived, we knew absolutely no one," George said. He and his wife, Ruth, are the proud parents of two sons and a daughter. One son lives nearby, while the other is in Texas. Their daughter, Katie, lives with them. Along with the sun and mild temperatures, another draw to the area is naturally golf.

When George first heard about the new membership opportunities at the Club, he quickly made the decision to sign up. As a result, he became the first Charter Member of what is today more than 150 Deposit Members.

"There wasn't much convincing, really. Where else are you going to have the chance to play four courses?" George said. "Ruth and I really enjoy playing with everyone here. With all the different groups for men and women, you could be playing golf all day, every day, as much as your body can stand."

With four courses to play, is there a favorite?

"Oh, I really like them all," George laughed.

Although George did not expect to become the first person to join the new Deposit Membership Program, anyone who asks him why he joined, he proudly says, "It's a great opportunity to play golf and meet a lot of nice, interesting people!"

# PERFECT MATCH

## HOW DO YOU PLAY YOUR BEST GAME ON THE VARIOUS COURT SURFACES?

by John Koahau, Head Tennis Professional



Each surface type offers extra benefits to tennis players with certain game styles. Hard court surfaces are ideal for players who possess a strong serve, a volley style of play and an aggressive baseline game. Think Andre Agassi and Monica Seles, as

they tend to hit the ball very early and on the rise. The hard court tends to be faster after the bounce and affects the speed of the ball. Ultimately, this forces players to prepare earlier to hit the ball. For big servers, this surface allows them to follow the serve to the net.

On the soft Har-Tru clay courts, players who are patient baseline strategists can play long points.

Two great examples are legendary clay-court players, Rafael Nadal and Bjorn Borg. The soft clay court affects a player based on the absorption of the ball when it hits the surface, which effectively takes all of the pace off the ball.

### WHAT IS THE SECRET TO GOOD NET PLAY?

Technology aside, with my System 5 analysis of the court, the net is Zone 1. And while it is the easiest of the zones, it has to be handled with a sense of direction. The key to being successful at the net is to play with extended arms and quick feet. Volleys are made with your feet, and the direction of your shot will be based on the forehand or backhand. The best way to play your volley is straight ahead with no angles cross court. Hit your volleys either down the line or down the middle of the court.

## TENNIS EVENTS

Every Monday, Wednesday, Friday 8 a.m. - 10 a.m.

“Coffee League” Mixed-Up Round Robin - Members : Free  
Guests : \$10

© 2009 The PGA of America. All rights reserved. The PGA Seal with the letters PGA is a trademark owned by The PGA of America.



PGA Village  
1916 Perfect Drive  
Port St. Lucie, FL 34986  
www.pgavillage.com  
800-800-GOLF

